This is supplemental material for Book C of your set of Federal Regulations

Title 38, Part 4
Schedule for Rating Disabilities

Veterans Benefits Administration

Supplement No. 48
Covering period of Federal Register issues through May 3, 2009

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Supplemental Materials for Book C

Code of Federal Regulations
Title 38, Part 4
Schedule for Rating Disabilities

Veterans Benefits Administration

Supplement No. 48

5 May 2009

Covering the period of Federal Register issues through May 3, 2009

When Book C was originally prepared, it was current through final regulations published in the Federal Register of 24 March 1992. These supplemental materials are designed to keep your regulations up to date. You should file the attached pages immediately, and record the fact that you did so on the Supplement Filing Record which is at page C-8 of Book C, Schedule for Rating Disabilities.
To ensure accuracy and timeliness of your materials, it is important that you follow these simple procedures:

1. Always file your supplemental materials immediately upon receipt.

2. Before filing, always check the Supplement Filing Record (page C-8) to be sure that all prior supplements have been filed. If you are missing any supplements, contact the Veterans Benefits Administration at the address listed on page C-2.

3. After filing, enter the relevant information on the Supplement Filing Record sheet (page C-8)—the date filed, name/initials of filer, and date through which the Federal Register is covered.

4. If as a result of a failure to file, or an undelivered supplement, you have more than one supplement to file at a time, be certain to file them in chronological order, lower number first.

5. Always retain the filing instructions (simply insert them at the back of the book) as a backup record of filing and for reference in case of a filing error.

6. Be certain that you permanently discard any pages indicated for removal in the filing instructions in order to avoid confusion later.

To execute the filing instructions, simply remove and throw away the pages listed under Remove These Old Pages, and replace them in each case with the corresponding pages from this supplement listed under Add These New Pages. Occasionally new pages will be added without removal of any old material (reflecting new regulations), and occasionally old pages will be removed without addition of any new material (reflecting rescinded regulations)—in these cases the word None will appear in the appropriate column.
FILING INSTRUCTIONS

Book C, Supplement No. 48
May 5, 2009

Remove these old pages  Add these new pages  Section(s) Affected

Do not file this supplement until you confirm that all prior supplements have been filed

4.130-2 to 4.130-5  4.130-2 to 4.130-5  §4.130
App. C-9 to App. C-10  App. C-9 to App. C-10  Appendix C

Be sure to complete the Supplement Filing Record (page C-8) when you have finished filing this material.
Supplement Highlights references: Where substantive changes are made in the text of regulations, the paragraphs of Highlights sections are cited at the end of the relevant section of text. Thus, if you are reading §3.263, you will see a note at the end of that section which reads: “Supplement Highlights references—6(2).” This means that paragraph 2 of the Highlights section in Supplement No. 6 contains information about the changes made in §3.263. By keeping and filing the Highlights sections, you will have a reference source explaining all substantive changes in the text of the regulations.

Supplement frequency: This Book C (Schedule for Rating Disabilities) was originally supplemented four times a year, in February, May, August, and November. Beginning 1 August 1995, supplements will be issued every month during which a final rule addition or modification is made to the parts of Title 38 covered by this book. Supplements will be numbered consecutively as issued.

Modifications in this supplement include the following:

1. On 23 April 2009, the VA published a final rule, effective that same date, to amend VA regulations by making nonsubstantive changes for purposes of clarity and accuracy. Changes:
   - Changed spelling of posttraumatic in Diagnostic Code 9411 in §4.130, Appendix B, and Appendix C.
### ANXIETY DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>9400</td>
<td>Generalized anxiety disorder</td>
</tr>
<tr>
<td>9403</td>
<td>Specific (simple) phobia; social phobia</td>
</tr>
<tr>
<td>9404</td>
<td>Obsessive compulsive disorder</td>
</tr>
<tr>
<td>9410</td>
<td>Other and unspecified neurosis</td>
</tr>
<tr>
<td>9411</td>
<td>Posttraumatic stress disorder</td>
</tr>
<tr>
<td>9412</td>
<td>Panic disorder and/or agoraphobia</td>
</tr>
<tr>
<td>9413</td>
<td>Anxiety disorder, not otherwise specified</td>
</tr>
</tbody>
</table>

### DISSOCIATIVE DISORDERS

<table>
<thead>
<tr>
<th>Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>9416</td>
<td>Dissociative amnesia; dissociative fugue; dissociative identity disorder (multiple personality disorder)</td>
</tr>
<tr>
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</table>

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<table>
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<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>9421</td>
<td>Somatization disorder</td>
</tr>
<tr>
<td>9422</td>
<td>Pain disorder</td>
</tr>
<tr>
<td>9423</td>
<td>Undifferentiated somatoform disorder</td>
</tr>
<tr>
<td>9424</td>
<td>Conversion disorder</td>
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<tr>
<td>9425</td>
<td>Hypochondriasis</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>9431</td>
<td>Cyclothymic disorder</td>
</tr>
<tr>
<td>9432</td>
<td>Bipolar disorder</td>
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<tr>
<td>9433</td>
<td>Dysthymic disorder</td>
</tr>
<tr>
<td>9434</td>
<td>Major depressive disorder</td>
</tr>
<tr>
<td>9435</td>
<td>Mood disorder, not otherwise specified</td>
</tr>
</tbody>
</table>
CHRONIC ADJUSTMENT DISORDER

9440  Chronic adjustment disorder

General Rating Formula for Mental Disorders:

Total occupational and social impairment, due to such symptoms as:
gross impairment in thought processes or communication;
persistent delusions or hallucinations; grossly inappropriate
behavior; persistent danger of hurting self or others; intermittent
inability to perform activities of daily living (including maintenance
of minimal personal hygiene); disorientation to time or place; memory
loss for names of close relatives, own occupation, or own name ............. 100

Occupational and social impairment, with deficiencies in most areas,
such as work, school, family relations, judgment, thinking, or mood,
due to such symptoms as: suicidal ideation; obsessional rituals
which interfere with routine activities; speech intermittently illogical,
obsure, or irrelevant; near-continuous panic or depression affecting
the ability to function independently, appropriately and effectively;
impaired impulse control (such as unprovoked irritability with periods
of violence); spatial disorientation; neglect of personal appearance and
hygiene; difficulty in adapting to stressful circumstances (including
work or a worklike setting); inability to establish and maintain
effective relationships .............................................. 70

Occupational and social impairment with reduced reliability and
productivity due to such symptoms as: flattened affect; circumstantial,
circumlocutory, or stereotyped speech; panic attacks more than once
a week; difficulty in understanding complex commands; impairment
of short- and long-term memory (e.g., retention of only highly learned
material, forgetting to complete tasks); impaired judgment; impaired
abstract thinking; disturbances of motivation and mood; difficulty in
establishing and maintaining effective work and social relationships .......... 50

Occupational and social impairment with occasional decrease in work
efficiency and intermittent periods of inability to perform occupational
tasks (although generally functioning satisfactorily, with routine
behavior, self-care, and conversation normal), due to such symptoms
as: depressed mood, anxiety, suspiciousness, panic attacks (weekly or
less often), chronic sleep impairment, mild memory loss (such as
forgetting names, directions, recent events) ........................................ 30

Occupational and social impairment due to mild or transient symptoms
which decrease work efficiency and ability to perform occupational
tasks only during periods of significant stress, or; symptoms controlled
by continuous medication ................................................................. 10
A mental condition has been formally diagnosed, but symptoms are not severe enough either to interfere with occupational and social functioning or to require continuous medication ........................................... 0

EATING DISORDERS

9520 Anorexia nervosa

9521 Bulimia nervosa

Rating Formula for Eating Disorders:

Self-induced weight loss to less than 80 percent of expected minimum weight, with incapacitating episodes of at least six weeks total duration per year, and requiring hospitalization more than twice a year for parenteral nutrition or tube feeding ........................................... 100

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of six or more weeks total duration per year ........................................... 60

Self-induced weight loss to less than 85 percent of expected minimum weight with incapacitating episodes of more than two but less than six weeks total duration per year ........................................... 30

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder and incapacitating episodes of up to two weeks total duration per year .............. 10

Binge eating followed by self-induced vomiting or other measures to prevent weight gain, or resistance to weight gain even when below expected minimum weight, with diagnosis of an eating disorder but without incapacitating episodes ........................................... 0

Note: An incapacitating episode is a period during which bed rest and treatment by a physician are required. (Authority: 38 U.S.C. 1155)


Supplement Highlights references: 19(1), 48(1).

Next Section is §4.149

(No. 48 5/5/09)
Anxiety Disorders

9400. Generalized anxiety disorder.
9403. Specific (simple) phobia.
9404. Obsessive compulsive disorder.
9410. Other and unspecified neurosis.
9412. Panic disorder.
9413. Anxiety disorder, not otherwise specified.

Dissociative Disorder

9416. Amnesia, fugue, identity disorder.
9417. Depersonalization disorder.

Somatoform Disorders

9421. Somatization disorder.
9422. Pain disorder.
9423. Undifferentiated somatoform disorder.
9424. Conversion disorder.
9425. Hypochondriasis.

Mood Disorders

9431. Cyclothymic disorder.
9432. Bipolar disorder.
9433. Dysthymic disorder.
9434. Major depressive disorder.
9435. Mood disorder not otherwise specified.

Chronic Adjustment Disorder

9440. Chronic adjustment disorder.

Eating Disorders

9520. Anorexia nervosa.
9521. Bulimia nervosa.

DEMENTIAL AND ORAL CONDITIONS

9900. Maxilla or mandible, chronic.
9901. Mandible, loss of, complete.
9902. Mandible, loss of approximately one-half.

(No. 48 5/5/09)
9903.......................... Mandible, nonunion.
9904.......................... Mandible, malunion.
9905.......................... Temporomandibular articulation, limited motion.
9906.......................... Ramus, loss of whole or part.
9907.......................... Ramus, loss of less than one-half.
9908.......................... Condylloid process.
9909.......................... Coronoid process.
9911.......................... Hard palate, loss of half or more.
9912.......................... Hard palate, loss of less than half.
9913.......................... Teeth, loss of.
9914.......................... Maxilla, loss of more than half.
9915.......................... Maxilla, loss of half or less.
9916.......................... Maxilla, malunion or nonunion of.


Supplement Highlights references: 42(1), 45(1,2), 48(1).

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<td>Eyebrows</td>
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<td>Eyelashes</td>
<td>6024</td>
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<tr>
<td>Eyelids</td>
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</table>
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Supplement Highlights references: 42(1), 45(1,2), 48(1).