Military Life Cycle (MLC) │ **VA Vet Centers**

VA Vet Centers Online Reference

The Transition Assistance Program (TAP) provides training, information, and services to help Service members and their families transition to civilian life after the military. The goal of the program is to help Service members bridge their military experiences and skills with their post-military goals by planning for transition throughout their Military Life Cycle (MLC).

At key touch points throughout MLC, TAP delivers modules to inform Service members about benefits and services available to support them during their careers and after separation or retirement. The VA Vet Centers module presents key information about the importance of Vet Centers as a free resource for active duty Service members, Veterans, and their families.

This online reference accompanies the VA Vet Centers module and provides you with the web links to important websites and resources related to VA benefits and services.

U.S. Department of Veterans Affairs

__External Link Disclaimer__: This document contains links that will take you outside of the Department of Veterans Affairs website. VA does not endorse and is not responsible for the content of the linked websites.

VA Home Page

The VA.gov website offers current resources, tools, and contact information for all VA benefits and services that may be available to Service members, Veterans, and their families, caregivers, and survivors.

www.va.gov

Vet Centers

Vet Centers are community-based counseling centers that provide a wide range of social, emotional, and psychological services for active duty Service members, Veterans, and their family members. All services are confidential and free!

www.vetcenter.va.gov/

Vet Center Call Center

You can get help 24/7 from Vet Centers by calling 1-877-WAR-VETS, which is an around-the-clock confidential call center where you and your family can call to talk about military experience or any other issue you may be facing.

www.vetcenter.va.gov/media/call-center-psa.asp

Find Your Local Vet Center(s)

To search for your local Vet Center:

- Go to www.va.gov
- Select the **Find a VA Location** tab from the top menu.
- Complete the **Search near** field by entering a location which can be a street, city, state, or ZIP code.
- Select **Vet Center** from the facility type **Search for** drop-down field.
- Once you select an option from the **Search for** drop-down field, the **Service type (optional)** field populates with specific facilities that are optional to choose from.
- Select **Search** and the map below shows location options. You'll see a list of Vet Centers to the left of the map. Scroll down to view the entire list.